



Paragliding World Cup 2006 Fiesch: Alternative Activities

Hiking

In and around Fiesch you can find numerous hiking opportunities, ranging from leisurely walks to long dayhikes. Here, we restrict ourselves to only a few suggestions:

A very nice traverse on the hillside leads from the Fiescheralp to the lake Märjelensee, then follows along the Aletsch glacier to Moosfluh and . Allow about 4 hours for this hike.

A unique experience is a 3 hour long hike on the Aletsch glacier, lead and securely roped by an experienced mountain guide. This tour is on the schedule of the Bergsteigerzentrum Fiesch (+41 27 971 17 76) each Tuesday. For groups, additional tours are available on other days as well. Cost for the guided tour is 70 Swiss francs per person.

An attractive alternative to canyoning through the Massa gorge is hiking the Massa trail. It leads along a spectacular, old irrigation channel that is cut into steep, rocky walls and provides good views down to the rock formations of the gorge. The hike starts in Blatten, which can be reached via train and bus from Fiesch. Allow about 3 hours to reach the village of Mörel, from where you can return to Fiesch by train. In 4 additional hours of hiking, you can also reach Fiesch on foot.

Mountain Biking

Around Fiesch

information and downloadable GPS tracks are available for free at http://www.fiesch.ch/tourfinder/et_tourfinder.htm. Some of the highlights of the suggestions

Fiesch (tour 6), the full fledged downhill track in Bellwald (tour 5), and the world class single track rides in the Goms and Binn valleys (tours 4, 10, 18).

Burgener Sport	+41 27 971 25 45
Sporthotel Derby	+41 27 971 00 00
Bikestore Schweizer	+41 27 971 30 71
Luftseilbahn Fiesch-Eggishorn	+41 27 971 27 00
Sport- und Feriencenter Fiesch	+41 27 910 15 15

Bikes can be carried in the train running the Goms valley.

Rock Climbing

The region around Fiesch offers diverse climbing opportunities, both on natural and artificial rock. We recommend the crag near the Burghütte, which can be reached with a 45 minute hike from the parking in Fieschertal. Additional, nice crags named Trämül, Rotchnubel and Bitschji are found betw

(+41 27 971 17 76). The Sport- und Feriencenter Fiesch (+41 27 971 36 66) features two artificial climbing walls, one indoor, one outdoor.

Just recently, a new Via Ferrata climbing the Eggishorn was installed. Equipment rentals and information are again available at the Bergsteigerzentrum Fiesch (+41 27 971 17 76). Moreover, there is a Via Ferrata on the shore of the reservoir upstream of the Massa gorge. Contact the Alpin Center Belalp (+41 27 921 60 45) for further details on this.

Canyoning in the Massa gorge

The Massa gorge is also termed „Grand Canyon of Switzerland“. It was first carved into the rock by the ice of the Aletsch glacier, and later polished by its melt water. Guides can be hired for a tour through these fantastic and wild rock formations. Sign up is at the Bergsteigerzentrum Fiesch (+41 27 971 17 76). Regular tours run every Wednesday, Saturday and Sunday, additional tours for groups are available. Duration is around 6 hours, cost is 150 Swiss francs including both guide and equipment.

River Rafting

An exciting way to experience the Goms valley: raft the white water of the Rhone river from Oberwald to Gluringen. Garbely Adventure (+41 27 973 25 75) offers this 2.5 hour long adventure for groups of at least 8 persons daily for 75 Swiss francs.

Swimming, Bathing, Wellness

The Sport- u

area, and a sauna. It is open everyday.

Just west of

+41 946 46 88). Water temperatures are between 27 und 37 degrees Celsius. They also have a pool located in a cave, the longest alpine water chute (182m), a turbulent river bath and the so-called Olympic pool with a length of 50m.

Tennis, Squash, Badminton, Table Tennis, Beach Volleyball

The Sport- und

squash, badminton and table tennis. Equipment rentals are also available.

Miniature Golf, Disc Golf, Billiards, Bowling

Facilities for the activities mentioned above are also found in the Sport- und Feriencenter Fiesch (+41 27 971 36 66). Another miniature golf course is located at the parking lot of the Fiesch-Eggishorn cable car.

Go-Kart

At Ulrichen in the Goms valley, a Go-Kart track is found on an old army airfield. It is 680m long and open daily, for further information call +41 79 234 59 36. G

re track can get substantially cheaper price.